



Premier Martial Arts Fairwood
 14240 SE 176th St, Renton, WA 98058
 (425) 818-3344

CLASS SCHEDULE

PROGRAM	CLASS OPTIONS					
Tiny Champs 30 minutes Age 4	Saturday 10:55a-11:25a					
Little Champs 30 minutes Ages 5-7 (+15 min for BBT)	Mon/Thurs 5:20p-6:05p (BBT Only)	Mon/Thurs 6:10p-6:40p (Starter Only)	Tues/Fri 4:10p-4:40p (Starter Only)	Wednesday 4:50p-5:20p Saturday 9:00a-9:30a		
PMA Kids 45 minutes Ages 8-12 (+15 min for BBT)	Mon/Thurs 4:15p-5:00p	Mon/Thurs 6:45p-7:30p	Tues/Fri 4:45p-5:30p	Tues/Fri 5:50p-6:35p	Tues/Fri 6:55p-7:40p	Wednesday 5:40p-6:25p Saturday 9:50a-10:35a
Teens 45 minutes Ages 12-17 (+15 min for BBT)	Mon/Wed 7:50p-8:35p					
Adv Teens/Adults 60 minutes Ages 14+ (BBT Required)	Tues/Thurs 8:00p-9:00p					
Premier Training 75 minutes	Saturday 11:40a-12:55p					
Demo Team 75 minutes	Saturday 1:00p-2:15p					
Leadership Training 60 minutes	Wednesday 6:45p-7:45p					

*Effective January 1, 2026